

Seat Belt Pillow Pads with Seat Belt Guide©

by
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Pillow Pads – Place between seat belt to cushion seat belt pressure near meda-port (IV line)

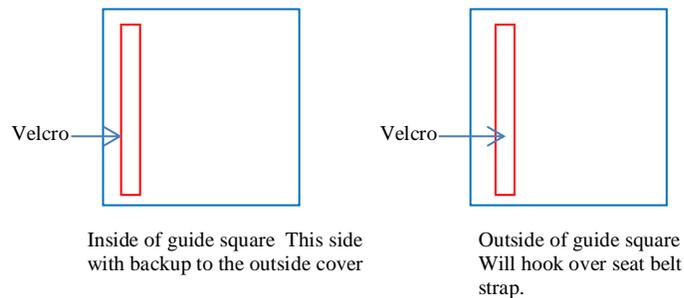
We suggest flannel to make them, however cotton or a cotton blend material can also be used. (We suggest prewashing the flannel to account for any shrinkage.)

Exterior Seat Belt Fastener.

2 – 6 1/2” squares.

Velcro – 3” long – Self adhering NOT recommended as it gums up the needle

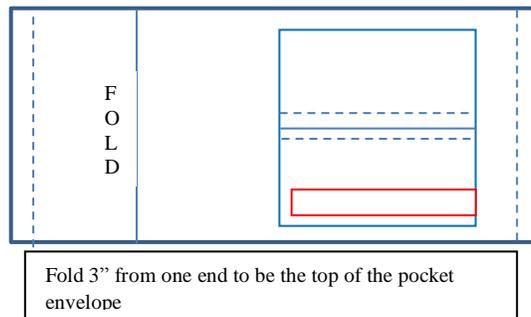
1. With right sides together, sew ¼ in seams leaving about 3” on one side to turn. Turn. Press square and top stitch about 1/8” around square.
2. This finished fabric square will require two pieces of Velcro. One piece goes on the back and the other matching piece will go on the other opposite side of fabric. The guide will fold over the seat belt with the Velcro
3. Lightly mark a line down the center of the guide. Put aside for the last step.



Outside Pillow Cover:

1 – 7.5 X 18.5 (Base)

1. Cut base fabric piece to measure 7 1/2 by 18 1/2. Hem the two ends by 1/4 inch seams. Next fold one side 3 inches down.
2. Here is where the seat belt guide is added. On the side without the fold, place the guide in the center and sew two lines of stitching 1/4" on each side of the center line. This will fold over the seat belt.



3. Sew both sides by 1/4 inch. The piece of fabric left should be 15 inches from the fold. Fold up the hemmed edge of fabric 7 inches. The back of the folded pocket should measure 8 inches long by 7 1/2 inches wide.
4. Sew the edges 1/4 in seam. You will have an envelope type of pocketed piece. This will get stuffed by an inner pocket of material filled with batting

Interior Pillow Pad

2 – 8.5” X 6.5 “pieces of muslin Or 8.5” X 16.5” piece of muslin or other fabric This will be folded in half on the short side.

4 - 8 X 6 pieces of polyester batting (batting can be pieced together from scraps. (When stacked together the stacked batting needs to be approximately one inch high. Or the batting can be one piece, 6 X 32 folded into fourths.)

1. With the muslin, stitch a scant quarter of an inch around three sides, leaving one long side open. Turn unit forming a pocket for the batting stack Or;
2. With the 8.5” X 16.5 fabric, fold in half with the two 8.5” ends together. Stitch the one long side and one short end closed, turn unit, leaving the one long side open for batting pad insertion.
3. Insert the batting stack into the pocket and then stitch the opening closed. Since the batting pocket will be inserted into the pillow pad envelope, the stitching only needs to be secure. Backstitch the ends or use fray check. Batting might need to be trimmed to fit into the pocket.

Interior Pad can also be serged.